



janssen • fritsen

**Training Equipment
For Top Gymnasts**

product info sheet

Balance Beam soft top 20 cm

Ref. 1414110

This 20 cm extra wide club balance beam has been designed for training purposes. Height adjustable from 50 to 90 cm with 10 cm increments and from 90 to 130 cm with 5 cm increments. A nitrogen gas loaded spring compensates the weight of the beam and makes height adjustment almost effortless. During the height adjustment the legs stay in the same position, making it unnecessary to move the mats. The extruded aluminium beam is the same as the competition beam. Length is according to the FIG specifications but the top has been made softer and twice as wide in order to allow girls to repeat the same exercise more frequently with a decreased risk of injury. The higher shock absorption is very comfortable for the gymnast. The balance between a softer top and stability is a very finely tuned one and allows for exercise repetition with reduced impact force while maintaining stability. Weight beam 70 Kg, legs 23 kgs each



Related items



Soft Top Club Balance Beam
Ref. 1414030



Balance Beam enlarger
Ref. 1495294



Low Soft Top Balance Beam 20 & 10 cm
Ref. 1414115 & 1414040